

# We need your help! You and your friends and family can do so much more than you think!

Running your own fundraising event can be great fun and incredibly rewarding. Your time and efforts will help support local older people, especially those who are vulnerable, isolated, and in poverty, who depend on our services.

Here are just a few ideas to help you get started in planning your fundraising activity...



- Organise a sports event such as a charity golf day or fun run/walk.
- Hold a dress up or down day at your school or workplace.
- Plan an indulgent girls pamper parties or a tasty tea party for your friends and family.
- How about a getting everyone together to watch your favourite football/rugby team on TV, a curry night or darts night at the local.

- If kids are keen to get involved with fundraising, how about a teddy bear picnic, face painting, treasure hunt, fancy dress day at playgroup or nursery.
- Organise a fundraising race night, casino night or gala ball?
- Exercise your mind with a fundraising quiz nights, chess tournament or a treasure hunt.

Or exercise your vocal chords with a karaoke night, concert, or "Wales has Talent" contest.

Still not sure?

Here are even more fundraising ideas...

Raffle, bake sale and bake sale recipes, bingo night fundraiser, charity car wash, fundraising cookbook, fun quizzes, fundraising auctions, knitting for charity, plant sale, street collections for charity, wine tasting fundraiser, a choir event, dance group, concert or play. Or how about making charity cards, quilts or other craft items.

You can also make more money on the side at your event by selling raffle tickets, teas and coffees, juices and cakes or other items to take away.

Once you've decided what sort of fundraising event you'll be holding, make sure you visit our website to read how you can ensure you keep things legal and safe for all involved.

[www.ageconnectscardiff.org.uk](http://www.ageconnectscardiff.org.uk)



Please get in touch with us at Age Connects Cardiff and the Vale to tell us your plans, request sponsorship forms/collection boxes and let us know if we can be of any help. Tel: 029 2068 3604 or email: [karen.steele@ageconnectscardiff.org.uk](mailto:karen.steele@ageconnectscardiff.org.uk).

To ensure as much publicity for your activity as possible why not make and put up posters locally, give out leaflets or even approach your local newspaper or community newsletter as they are always looking for stories! Make sure you clearly give out the date, time and place for your planned fundraiser.

If appropriate to your activity, why not consider setting up an online giving page as an extra way to generate funds. Try [www.virginmoneygiving.com](http://www.virginmoneygiving.com). Don't forget to ask your taxpaying sponsors to tick the Gift Aid box and fill in their full name and address so we can claim a further percentage of their donation at no extra cost to them. The same applies to the Gift Aid tick box on our sponsorship forms.

Once your fundraising activity has taken place, please collect the money you have raised and send it to us promptly so that we do not delay putting it to good use helping older people in the local area. Cash should be counted and recorded by two unrelated people and banked as soon as possible.

There are various ways you can return your funds to us:

By post: Cheques (payable to Age Connects Cardiff and the Vale) and any sponsor forms should be sent to:

Age Connects Cardiff and the Vale,  
4 Cleeve House,  
Lambourne Crescent,  
Llanishen,  
Cardiff,  
CF14 5GP

Please do not send cash through the post.

Any sponsor forms you've used should be posted to us with your name and contact details.

Online: Funds can also be paid in via the online donation form on our website [www.ageconnectscardiff.org.uk](http://www.ageconnectscardiff.org.uk).

We'd love to hear how your fundraising went so please get in touch and send us any photographs. We would love to include them in our Age Connects Cardiff and the Vale 'Life Times' magazine or on our website and Facebook pages!

